

## MEET: DAVID DONALDSON

# Engaging and Interactive Facilitator & Speaker

With a passion for creating positive change in the workplace, David brings a wealth of expertise, wit and wisdom.



Over his 25-year career in professional facilitation and consulting, David has provided insights to help some of the world's most well-known organizations implement the necessary conditions for a fully engaged, innovative workforce.

### Expert Facilitator and Keynote

David's strength lies in closing the gap between his client's current state and desired future. A huge proponent of experiential learning and team building, he uses a wide variety of tools and strategies to generate a new kind of organizational thinking: one that leads businesses to seize emerging opportunities; achieve positive, profitable and sustainable change; and thrive in today's volatile marketplace.

An enthusiastic and energetic facilitator and speaker, David makes audience participation simple and fun, while infusing people with ideas and inspiration to make change happen. He is a facilitator, instructional designer, and consultant who supports clients in improving performance and resilience and enabling enterprise-wide and individual transformations. He believes strong personal resilience and agility can help individuals and teams perform and bring value in our ever changing world.

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# Keynote Topics

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Participants walk away with innovative insights and ideas they can immediately apply to their workplace, plus gain an understanding of what it takes to create a truly inspiring workplace culture, and energized employees!



## Build Personal and Team Resilience:

As we face a world with increasing ambiguity, uncertainty and complexity, resilience is emerging as a key focal point for leaders and organizations. It's time we shift how we frame this new skill. Rather than the traditional "bouncing back", we believe today's resilience needs to focus on people's adaptive capacity to stay productive and continue to grow during times of disruption.

Resilience is not a select hereditary trait that a few super-employees possess; it's a universal instinct we all have to get through challenging times. Nature has provided all of us with our unique mix of powerful strategies to stay productive and continue growing in the face of adversity. In this keynote, David will introduce your people to the 7 resilience muscles, a model to help you better understand your own innate resilience strategies, and explore how you and your team can be intentional in developing strategies to help you stay productive in times of disruption.



"Juice inc. is a unique, refreshing, dynamic team of individuals to work with. They truly epitomize their philosophy of helping to create energy in all that they do – a 'buttoned-down' style of professionals who deliver results and consistently engage their audiences!"

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